

# Wildwood Crest Recreation Department

## May 2024 Activities

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### RECREATION PROGRAMS:

**Adult Fitness:** Aerobics/strength training program designed for older adults ... Mondays, Tuesdays and Thursdays at 10 am ... \$5 per class or 20 classes for \$80 ... no class Thursday 5/2 or Monday 5/27

**Walking Wednesdays:** Wednesdays at 9 am ... Free 30-minute walking/light aerobics class for all ages

**Warrior Fight & Flow:** High-intensity interval training, followed by yoga and stretching program ... Wednesdays at 6 pm ... \$5 per class or 20 classes for \$80

**Pier Walking:** Monday through Friday 8:30 am-3 pm  
**Adult Pickleball:** Monday, Tuesday & Thursday 11:15 am-3 pm; Wednesday 12 noon-3 pm; Friday 9 am-3 pm

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### Let's Talk Food II Wellness Workshop

**WEDNESDAY, MAY 8 – 10 am at Crest Pier**

A FREE wellness workshop focusing on healthy eating directed by weight loss advocate Marianne Viscomi. Free program, no pre-registration necessary. Call 609-523-0202 for more info.

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### Summer Kickoff Concert

**SUNDAY, May 26 – 7 pm at Centennial Park**

FREE, all-ages show with Big House, one of the region's top dance/party bands ... bring a blanket or chair

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### MEETINGS

**Tourism Commission:** Wednesday, May 8 at 4 pm

**Recreation Commission:** Wednesday, May 8 at 5 pm

**AARP:** Thursday, May 9 at 11 am

**Book Club:** Tuesday, May 21 at 12 noon

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### Outdoor Zumba Classes

Sat. 5/25 & Mon. 5/27 – 8:30 am at Centennial Park  
Outdoor Zumba fitness class for ages 16 and older ... \$5 per class or 20 classes for \$80 ... no pre-registration required

### Mayor's Wellness Walk

**SATURDAY, MAY 4 – 8:30 am**

Join Wildwood Crest mayor Don Cabrera, other local officials and members of the borough's Wellness Committee for an approximately 45-minute walk along the Wildwood Crest bike path. The walk is free and open to the public. Those interested should gather in the parking lot of the Crest Pier Recreation Center (5800 Ocean Avenue) no later than 8:15 a.m. Free T-shirts will be distributed to the first 100 registrants.

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### Pier Playmates Day Camp

**Registration for new campers begins Friday, May 3**

Open to children entering grades K-5. Activities include arts and crafts, games, sports, cooking, fitness programs, computers, field trips and more.

**SESSION I – Mon., June 24-Fri., July 26 (5 weeks)**

**SESSION II – Mon., July 29-Thu., Aug. 15 (3 weeks)**

Parents/guardians of all new campers must call to make a registration appointment beginning May 3 at 5 pm. Space is VERY limited! (Grades 4-5 are CLOSED)  
Call 523-0202 for more information.

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### OPEN REC SCHEDULE

*\*Subject to change\**

**Monday-Friday:** 3-6 pm grades 1-8; 6-9 pm HS/adults

**Saturday:** 11 am-2 pm grades 1-8; 2-5 pm high school/adults (Island residents only)

**Sunday:** 12-4 pm – Family open rec; Crest residents only; all children must be accompanied by an adult

**Note:** No open rec Saturday 5/25 thru Monday 5/27

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### Summer Basketball Registration

Grades 3-5 & 6-8 Coed Leagues: CLOSED

High School Boys League: Limited openings available

Info: wildwoodcrest.org or 609-523-0202

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**VON SAVAGE POOL: 522-0084**

**CREST PIER: 523-0202**

**CREST ARTS PAVILION: 522-0221**